HEIDI LINDÉN

ACTOR

Height 176 | 5'9

Weight 64 | 140

Hair Blonde

Eyes Hazel

Shoes 40 | 7

Bust 100

Waist 74

Hips 100

Special skills Musicals, comedy, improv, sketches, writing, stunts

Other skills Singing, dancing, tennis, basketball, swimming, weight-lifting, firearms training

Languages Finnish (native), English, Swedish, German (fluent), French (good), Russian (basics)

Singing Soprano, musicals, classical, pop, jazz

Education Singer, Pop & Jazz Conservatory, Helsinki 2010

Acting studies, Atlantic Theatre Company, New York 2007-2008

Master's degree in Acting, NÄTY/ Tampere University 2009

Sketch comedy & character studies, Groundlings, Los Angeles 2015-2017

Master's degree in Directing, Aalto University 2020

Work in short Stage plays and Musicals in Finnish & Swedish at the Helsinki City Theatre & Lilla

Teatern, roles such as Mylady (LEAD, *Three Musketeers*) and Nancy (LEAD, *Oliver Twist)*. Multiple Cabaret roles in English and German. Sketch comedies in English

at the Los Angeles Groundlings Theatre.

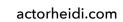
Appeared in **TV and Films** such as **Putous** (Primetime live comedy show),

Kullannuput (YLE), *Bordertown* (Netflix crime series), *Lapland Odyssey 3* (Comedy), *Radio Millennium* (LEAD - 2 season sitcom), *Wrong Party* (LEAD, Crime series),

Man and a baby (Comedy), Hooked & Black Widows (Award winning crime series)

Other work Written sketch comedy and stand up, Singer in various films, commercials and

voice of L'oréal, Coca-cola, Nordea, IKEA.. Hosted TV- shows and movie galas.



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actorheidi.com