

# HEIDI LINDÉN

## ACTOR

Height 176 | 5'9

Weight 64 | 140

Hair Blonde

Eyes Hazel

Shoes 40 | 7

Bust 100

Waist 74

Hips 100

Special skills Musicals, comedy, improv, sketches, writing, stunts

Other skills Singing, dancing, tennis, basketball, swimming, weight-lifting, firearms training

Languages Finnish (native), English, Swedish, German (fluent), French (good), Russian (basics)

Singing Soprano, musicals, classical, pop, jazz

Education **Singer**, Pop & Jazz Conservatory, Helsinki 2010  
Acting studies, Atlantic Theatre Company, New York 2007-2008  
**Master's degree in Acting, NÄTY/ Tampere University 2009**  
Sketch comedy & character studies, Groundlings, Los Angeles 2015-2017  
**Master's degree in Directing, Aalto University 2020**

Work in short **Stage plays and Musicals in Finnish & Swedish** at the Helsinki City Theatre & Lilla Teatern, roles such as Mylady (LEAD, **Three Musketeers**) and Nancy (LEAD, **Oliver Twist**). Multiple Cabaret roles in English and German. Sketch comedies in English at the Los Angeles Groundlings Theatre.

Appeared in **TV and Films** such as **Putous** (Primetime live comedy show), **Kullannuput** (YLE), **Bordertown** (Netflix crime series), **Lapland Odyssey 3** (Comedy), **Radio Millennium** (LEAD - 2 season sitcom), **Wrong Party** (LEAD, Crime series), **Man and a baby** (Comedy), **Hooked & Black Widows** (Award winning crime series)

Other work Written sketch comedy and stand up, Singer in various films, commercials and voice of L'oréal, Coca-cola, Nordea, IKEA.. Hosted TV- shows and movie galas.

