

# Alma Ruut

## Actress (FIA)



alma.ruut@gmail.com  
+358 50 555 3029  
Based in: Helsinki, Finland  
Vocal range: C3 – G5

Height: 5 feet 6 inches (168cm)  
Eye colour: Blue-green  
Hair colour: Light/Mid Brown  
Hair length: Long

Memberships: Equity, The International Federation of Actors,  
Trade Union for Theatre and Media Finland

### Education

- 2022 **Master of Fine Arts** | Acting (International)  
East 15 Acting School, University of Essex
- 2019 Musical Theatre programme StepUp School, Helsinki
- 2017 **Bachelor of Culture and Arts** | Early Childhood Music Education  
Metropolia University of Applied Studies, Helsinki
- 2013 Acting programme  
Laajasalo Community College, Helsinki

### Credits

Date	Company   <b>Production</b>   Role   Director
2024	Theatre Imatra   <b>Forever Young</b>   Sister Alma   Timo Rissanen
2023	Valtimo Theatre   <b>Heterofil</b>   Woman 3   Heikki Häkkä
2023	Dance Theatre Raatikko   <b>Hyppynarutus</b>   Naru   Jaakko Toivonen
2022	Bridewell Theatre   <b>Heart Break Hotel</b>   Mrs. Thomas / Kimberly / Jane / Dancer   Angela Ekaette Michaels
2022	Bridewell Theatre   <b>Tartuffe</b>   Dorine   Tony Graham
2021	The Corbett Theatre   <b>The Snow Queen</b>   Snow Queen   Tracy Collier
2021	The Corbett Theatre   <b>I Fucked Up</b>   Hope Hannigan   Christina Kapadocha
2021	The Corbett Theatre   <b>The Cherry Orchard</b>   Firs   Sonia Ritter
2021	Shakespeare's Globe Theatre   <b>Cymbeline</b>   Cymbeline   Michael Brown
2021	East 15 Acting School   <b>Constellations</b>   Marianne   Robin Sneller
2020	Jyväskylä City Theatre   <b>The Watsons</b>   Ms Osborne   Johanna Freundlich
2019	Jyväskylä City Theatre   <b>Phantom</b>   ensemble   Maiju Sallas
2019	Valtimo Theatre   <b>Draft Club</b>   Montresor, Teemu   Jermo Grundström

### Skills

Languages: Finnish (native), English (fluent),  
Swedish (basic)  
Accents: Standard English Accent (UK)  
Singing: A Cappella, Musical Theatre, Ensemble  
Musical instruments: Violin

Dancing: Broadway, Jazz Dancing, Tap Dance, Waltz  
Sports: Horse-jumping, Horse-riding, Ice Skating,  
Running, Skiing, Yoga  
Voice work: Audiobooks, Voice Overs  
Others: Teaching, Car Driving Licence