

Sofia Smeds (FIN)

actress, FIA

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Height: 171 cm

Date of Birth 15.8.1988

CURRICULUM VITAE

Education

2021 Master of Theater Arts: Acting, Tampere University,
Programme of Theater Work (Näty)

2015–2016: Laajasalo Community College: Actor's work 2

2013: Master of Arts: University of Helsinki, Speech Communication

2013: Pedagogical Qualification, University of Helsinki

2007: High School Graduate, Sibelius Music High School

Camera Work

Showreel: <https://youtu.be/jp8UuszZACok>

2023: (coming) *Syke*. PINJA KOVANEN. Yellow Films., ohj. Juha Lankinen

2022: *Helsinki-syndrooma*. PAULA LINDEMANN. Fisher King, ohj. Marko Mäkilaakso.

2021: *Ennen kuin erotaan*. MANNA. Metropolia, ohj. Emma Söderlund

2020: *Varjojuhla*. SELENA. Elo film school, ohj. Elisa Kujala.

2019: *Sorjonen*, 3. season. Fisher King Production, dir. Juuso Syrjä (supporting role)

2019: *Jotta he eivät joutuisi kadotukseen*. Short film. Baltic Film School, Tallinn, dir. Ville Niemi (leading role)

2018: *Ammattisortaja*. Short film. Koukku Films, dir. Joonas Schwanck (second leading role)

2018: *Punasii päin*. Ahlfors Films, dir. Mika Ahlfors (supporting role)

2017: *Miks sä saat olla keiu?* Short film, dir. Juuli Linneo (leading role)

2017: *Reboot*. Short film, dir. Anton Baer, Uneton48-tuotanto (leading role)

2016: *Kiiski – kukaan ei kuole yksin*. Short film, dir. Juuli Linneo (leading role)

2016: *Muutto*. Short film, dir. Karo Pietilä (toinen leading role)

2015: *Sota*. Short film, dir. Frank La Serna Kanevets (supporting role)

Theater Work

2023: *Jeanne D'Arcin housut*. Tampereen Työväen Teatteri, dir. Linda Wallgren

2022: *Paljon melua pizzasta*. Tampereen Työväen Teatteri, dir. Tuomas Parkkinen

2022: *Äiti*, Turun Kaupunginteatteri, dir. Maia Häkli

2021: *Kun on tunteet*, dir. Inke Koskinen ja Sofia Smeds, Teatteri Jurkka

2019: *Ruusuruoska* (Teatteri Takomo, dir. Esa Kirkkopelto)

2019: *Hiroshima, rakastettuni* (Näty/Teak, dir. Michael Panula-Ontto)

2019: *Hair – fifty years after* (Näty, dir. Pauliina Hulkko, role: Sheila)

2018: *Huomattavaa häiriötä ilmastonmuutoksesta* (Ilmastokirkko performance art project)

2018: *V**** monologue performance* (Näty, dir. Sofia Smeds)

2018: *Kädellinen*. Poetic solo performance (dir. Sofia Smeds)

2017: *Kuningas Ubu* (Näty, dir. Mikko Kanninen)

2017: *Herd Behaviour*, (Näty, Tsuumi ja Tummel. dir. Samuli Nordberg)

2016: *Lapualaisooppera 2016*, (Ylioppilasteatteri, dir. Sirpa Riuttala, role: Lyyti)

2015: *Teknokafka* (Ilves-Teatteri, dir. Milka Luhtaniemi)

2014: *Ei yhteyttä* (Ilves-Teatteri, dir. Kiia Laine)

2013: *Miksi juuri minä?* Opera performance (Juvenalia, Sellosali, dir. Ville Saukkonen, päärole: Anna)

2013: *Tähtinen* (Metropolia-teatteri, dir. Inka Kunnala)

2011: *Miehen kylkiluu -ooppera* (Juvenalia, Sellosali, dir. Juulia Tapola, role: Aina Zink)

2011: *En melodi blir till* (swedish performance, Valtimonteatteri, dir. Tiina Tanskanen-Paavola)

Musical competence

Singing education of Acting studies (Näty), from 9/2016

teachers: Soila Sariola, Tua Hakanpää, Riitta Keränen, Niina Alitalo

Classical singing education:

2005-2015 teacher Anitta Ranta, Juvenalia Music School. D-course 2015, grade 5/5

2015: teacher Ilona Jokinen, Laajasalo Community College

2014: Lied and Opera summer course, teacher Sirkka Parviainen, Joutsenon taidekesä

Pop/jazz singing education:

2016: teacher Mia Simanainen, Laajasalo

2004-2007, teacher Tuula Kulhua, Sibelius High School

Choir experience:

Juvenalia Choir, 1998–2015

Sibelius High School Chamber Choir, 2004–2007

Music theory studies:

Diploma of Music School 2014

Composing experience:

Electronic pop music

Dance

2016- Dance education of Acting studies (Näty)

University lecturer Samuli Nordberg and other teachers

Acrobatics, teacher Jouni Kivimäki

2015-2016: Laajasalo Community College

Contemporary dance, teacher Jenni Urpilainen

Acrobatics, teacher Jarkko Mandelin

2012: Ballet, Unisport

2011: Contemporary dance, Unisport

Special skills

Badminton, baseball

Aikido, chikung

Other working experience

2016- Speaker, Vild Music Oy

2014- Speech Communication educator / teacher

Language skills

Englanti: Fluent, Accents: American, Finnish, Russian / Baltic

Swedish: Good

French: Satisfying

Russian: Pronunciation

Referees:

Mikko Kanninen (TeT)

Actor, Director, University lecturer in Actor's Art

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Pauliina Hulkko (TeT)

Director, Dramaturg, Professor of theater work

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