

ILANA PALMGREN CURRICULUM VITAE

Born 19.4.1995

Email: ilana.aleksandra@gmail.com Telephone: +358400858748

Language skills: Finnish (first), English (5), Russian (3), Swedish (2)

Education

Master of Arts (Theatre and Drama), Actor (FIA), Petrozavodsk State Glazunov Conservatory

The University of the Arts Theater Academy, Helsinki additional studies as a part of master's degree, spring 2022 Ylioppilasteatteri, 2018-

Turku Conservatory ja Porvoo Music school: classical guitar (2/3) and music theory

SELECTED WORKS

•RED CUES / Concept, performer, choreography / 6/2024 SomoS Arts Berlin, Germany
Selected for the Artist Residency Program for June 2024 working with the performance concept Red Cues.

Red Cues is a solo performance that explores the essence and philosophy of the color red, the synergy of hopelessness and the vibrancy of life. As long as there is a glimmer of red, there is light somewhere.

•IMPROVISATION THEATRE PÄÄSKYT, / performer / 2018-
Performer, director Sanna Paula Mäkelä.

Traveling improvisation theater. Musical improvisation shows TBA at Helsinki Hall of Culture for the year 2024.

•R.E.A.D #9 Reading drama festival / Actor/ 9/2023 / Post Theatre Collective , National Theatre of Finland Vallila Stage

Actors: Ilana Palmgren, Jaakko Hutchings, Mikko Korsulainen Director: Anna Jaanisoo
Performing in the reading drama performance highlighting plays from around the world, previously unheard in Finland. Performing language English.

•THEATER IN PALM / Selected artist 9/2023 / Turku, Finland and Stockholm, Sweden
Selected artist for an international hybrid residency project, which culminated in a performance in Stockholm in November 2023. With the Finnish-Greek-Swedish working group we investigated the themes of revolution and social injustice, ecological crisis from the water point of view and play Antigone - a classical tragedy of Sophocles. My artistic investigation was the embodiment of political ecology, water, revolution bubbling under and power of unity. I created choreography and performed using my tools of Stanislavsky System based acting with my undergoing research of political ecology of performers body.

•LES BONNES BONNES 8/2023 Välimerenkatu 15, Helsinki, Finland

Actor, directing, choreography, dramaturgy Palmgren / working group
Inspired by the play The Maids by Jean Genet, Les Bonnes Bonnes brought in life the questions of social and political power, identity, imagination and resistance. Modern theater performance merging with live sound, video and light art and choreography.

•ЭТЮДЫ - ETYDEJÄ RAJAN TOISELTA PUOLELTA (ETUDES FROM THE OTHER SIDE OF THE BORDER) 5/2023 - a performative research / acting, directing, choreography, dramaturgy Palmgren/ working group / City of Tampere /Lielähti mansion/ Kanvas Collective
A performative study and performance exploring the experiences of the working group as they decided to flee from Russia due to their aggression towards Ukraine in 2022.
Multilayered, political and poetic spectrum of etudes that are both evidence and taking over one's own choice and power against brainwashing.

•YKSI, JOKA LOPETTI PUHUMISEN (ONE, WHO QUIT SPEAKING), 2022- / actor, concept Palmgren / Palanne / performance & workshop for refugee children, Helsinki
Theatrical performance in a Finnish Immigration Service's reception unit with refugee children. Funded by the City of Helsinki in 2022.

FILM / TV / OTHER

BENEATH THE BARK (Short, 2023) Actor

Directed by Jaakko Kellaranta

SUDEN HETKI / THE MOMENT OF SUSI (Short, 2022), Actor

Directed by Anne Seppänen

TOMORROW AND TOMORROW AND... (Short, 2021), Actor

Directed by Serafina North

MATZUKAZE (Short, 2021) , Second director

Directed by Anne Seppänen

TOIVO PAINAA TONNIN Musical /2020 / Choreographer / The University of The Arts

Helsinki Talvimusikaali / Cultural Centre Caisa

Directed by Sanna Paula Mäkelä

DIRECTORS ASSISTANT, Sanna Paula Mäkelä 2019

4H / Activities coordinator, instructor trainer and harassment contact person, 2022-2023 /4H Union

LUMINA FESTIVAL 2024 / Harassment and safety contact person

Drama/ theater workshop instructor, teaching assistant 2023 / Käpylän peruskoulu

Personal assistant 2023 / JAG Assistans

SPECIAL SKILLS

Movement / dance (contemporary, improvisation, ballet basics)

Choreography

Stage fencing

Aerial acrobatics (aerial hoop)

Vocal (mezzosoprano)

Photography
Editing
Graphic designing
Educated in safer space and able to perform as harassment contact person

PERSONAL GRANTS

TelepART Mobility 2024
Ida Aalberg foundation 2022
Cultura foundation 2019

OTHER GRANTS

Teaterstifelsen Vivicas Vänner 2023
The Finnish Cultural Foundation 2022
Cultura foundation 2022

RESIDENCIES

SomoS Artist in Residence Program / Berlin /2024
Theatre in Palm Hybrid Residency / Turku & Stockholm 10/2023

MEMBER OF

Finnish Actors Union
Globe Art Point, (GAP Creatives Database)
Ylioppilasteatteri
Art For All (AFA)

LINKS

Website
<https://ilanapalmgren.com/>

Portfolio
<https://drive.google.com/file/d/1IS7Dh1WoR7w2pB89oVfvpIDGliift5Bq/view?usp=sharing>

Finnish Actors Union
<https://www.nayttelijaliitto.fi/nayttelijahaku/ilana-palmgren/>

Theatre in Palm
<https://www.instagram.com/theatreinpalm/>
<https://theatreinpalm.eu/posts/hybrid-residency-performance-videos/>

Les Bonnes Bonnes
<https://www.instagram.com/lesbonnesbonnes/>